

EPISTLE

May 2020



Photo by Carol Jones

St. James United Church

www.stjamesunitedchurch.com

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YOUR INVITATION TO
ATTEND HOLY COMMUNION
ST. JAMES UNITED CHURCH

Date: Sunday, June 7, 2020

Time: 10:30 a.m. – Service of Worship

Please advise the church office (416-622-4113) if you wish a visitation from a minister or of any pertinent information necessary to update church records. Updates can also be sent to stjames_uc@rogers.com

Outreach offering in support of:
St. James Food Basket (90%)
Minister for Local Outreach (10%)

Next Epistle Deadline: Sunday, September 20, 2020 at Noon.

Please email all items to sjepistle@yahoo.com if at all possible, or place in the Epistle mail slot at the church.

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Dear Friends of St. James



Happy Easter! In the midst of a pandemic we need stories of the risen Christ coming to be with us wherever we are, and the invitation to receive God's

peace, live with hope and count our blessings.

I remember the saying, "If you want to make God laugh, tell God your plans." Certainly many of our best laid plans have been thrown out the window. Never in a million years did I expect my last few months of ministry with you would happen virtually through social media. A huge thank you to Gord Burrell, Eleanor Harris, Rod Lord, and Don and Karen Munday for enabling Sunday worship each week online and via the telephone; and to J.-C. Coolen, Bill Price, Wendy Simone and Kathleen Wells for continuing to uplift us with your beautiful music and even new hymns on YouTube! We will certainly welcome your input on whether to continue to offer online worship after we can gather together again to worship in the sanctuary.

While my heart aches at not being able to visit our beloved members in hospital, Long Term Care residences, or those coping with illness at home, I am ever so grateful for the telephone

and distant Reiki. Nancy Violo has coordinated twelve volunteers trained in Reiki using a photograph to be matched with people wanting to receive God's love and healing. Please contact Nancy or myself if you would like to receive this gift. I am also enjoying the opportunity to talk with many of you one-on-one and will continue to reach out by phone over the coming weeks. You are also most welcome to call me at home.

Sunday, May 3rd is the 68th Anniversary of St. James United Church and there is much to celebrate. You are one of the most caring, creative, talented and inspiring communities of faith I know. We truly make a difference and have fun doing it. I am certainly looking forward to hearing the faith-filled impact of four of our key ministries during our anniversary worship. Rev. Linda Maw will lift up highlights from our worship and music life together, Nancy Violo will share the impact of our Well-Being Ministry over the past 26 years, Marie Truelove will speak about our St. James Food Basket, and Barry Holt on the Alzheimer group. We certainly are God's heart and hands in love, faith and action.

While many of our special events from Spring Fling to Seniors' Luncheon and Sunday School Promotion and Picnic Sunday to my closing celebration have been or are likely to be postponed to the fall. Our next Communion Sunday and Outreach Offering in support of

the St. James Food Basket is scheduled for June 7. If we can gather in-person for worship over the summer, St. James will be hosting the last three Sundays on August 16, 23 and 30.

Finally, have you wondered about the meaning of COVID-19 from a metaphysical (beyond the physical) and spiritual perspective? While I don't proclaim to know the reason for this global catastrophe that has changed life as we know it, claimed hundred of thousands of lives and left millions unemployed, I do believe this is a transformative moment. These global events are full of opportunities to see people in new ways, learn valuable lessons, and even change how we choose to live.

In no particular order, here are seven insights:

1. We all have a part to play in humanity's well-being. Our choices and actions have an impact that can harm or heal. When there is no vaccine or cure, controlling the spread of infection rests on a unified response from all of us. We need each other.

2. People we have often under-valued and under paid: from truck drivers to grocery clerks, cleaning staff to Personal Support Workers, documented and undocumented migrant farm workers are the everyday heroes and heroines in a crisis. It

reminds me of Jesus' words, the last shall be first and the first shall be last. "Whoever wants to be first must be last of all and servant of all." Mark 9: 35

3. Pandemics highlight societal inequalities and the people who are most vulnerable who have been under-served. All of us are only as strong as our weakest link. It calls for more justice for the disadvantaged and more care for our elderly, especially those in Long Term Care.

4. We are part of a global community and are all interconnected. Our actions here have a ripple effect on the other side of the world. COVID-19 has removed barriers of "we and they", "here and there", stretching us to see the earth as a single interdependent community. Pandemics require global communication and cooperation to solve our common challenge.

5. We unite together in a common cause, we can make changes that would have been deemed impossible a month ago, such as closing down shopping centres and international flights for all but essential goods. We are discovering what we can achieve if we focus our collective will.

6. Our world has been driven by the economic engine of producing more and more stuff. This pandemic invites us to live more simply and value community more than things? It gives Mother Earth a chance to breathe and refresh.

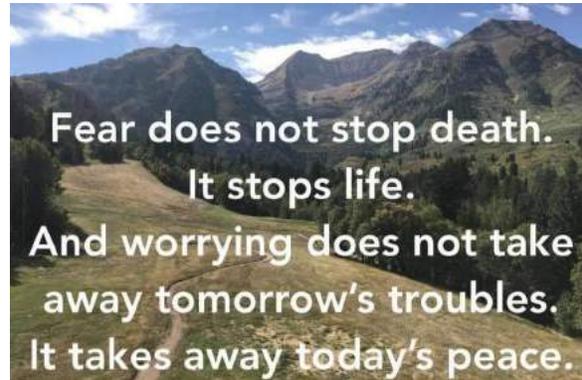
7. When daily routines are interrupted and old patterns broken, we have an opportunity to develop new habits and intentionally choose, “how do I want to live my life?” Many people’s lives are over-scheduled and so busy they do not make time for what we know is important. Now we have an opportunity to be quiet, re-examine our priorities and what we hold to be true, and re-align with ourselves, our Creator and with what matters most to us.

I’d love to hear your reflections on what this moment in our history means. How are we being asked to awaken and change? What stones are being rolled away and what promises of new life is God offering us individually and collectively?

In this season of Easter, may you know the risen Christ walking with us, and a Holy Love leading us forward.

With love, joy and gratitude,

Rev. Coral



Editor's Notes



Submitted by Jennifer Flaxman

Where to begin when you've had the privilege of knowing someone for close to 30 years. Like many of you I remember when Coral came as a student minister and infused our youth with active and thought provoking programs. How fortunate we have been to watch her develop into an exceptional speaker, caregiver, listener, and friend. She embodies the spirit of Christianity and challenges us every day to walk the path less travelled, stand up for our beliefs and to reach for the stars. On a personal note, she has helped transform my way of thinking and acting and has enriched my family and friend relationships. Several of her sermons still resonate with me today and remind me to re-focus on what truly matters in this world we live in. Working with her on the Christmas pageants, Reiki healing and Feel Good Food has been most rewarding. Thank you also for all those little catch up chats in the hallway. I wish you a very restful and fulfilling

retirement by the lake. Please be careful not to fall!

Jennifer Ling and I would like to extend our heartfelt thanks to the people who are responsible for videoing the Sunday Services. These individuals certainly helped direct us through those initial times of uncertainty when we just didn't know how to handle our new way of living. I strongly recommend that everyone take the time to review each service and take part in the program. I was especially grateful that both Bill and Kathleen under the direction of J.-C., continued their ministry of music even with those close up shots! Kudos to you all! I'm sure you will also agree what a wonderful treat it is to enjoy those colourful stoles of Coral's. Thanks to everyone in-front and behind the scenes! It's at times like these when our spirits are united that we pull together to make the best of our situation. We hope you read all the personal comments and kind words people have for Coral, and we thank her for all her support and encouragement "online" and off. Everyone continues to report on the various committees, groups and happenings so enjoy the many stories and pictures.

Remember that our next deadline is September 20, 2020. Please send your submissions to sjepistle@yahoo.com or if we are back to "normal", you can place your submissions in the Epistle mailbox.

We look forward to seeing you face to face in the very near future.

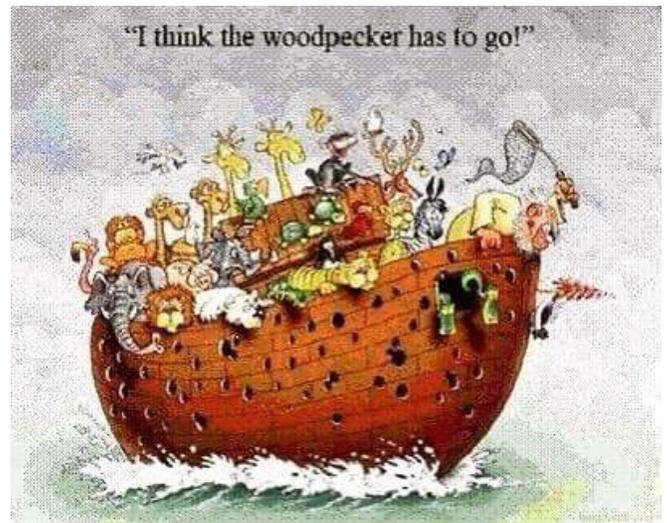
Thank you to all who have contributed and for your continued support.

Please access the digital version of the Epistle at the St. James website:

www.stjamesunitedchurch.com

Your co-editors,

Jennifer Flaxman and Jennifer Ling



Disclaimer: Some of the articles submitted are intended for information purposes only and do not reflect the views of the St. James congregation.

With Heartfelt
Sympathy

Susan Conlin, Karen Stubbs, Mike Bates and family, with the passing of their mom, Connie Bates, on Sunday, January 26, 2020.

Shirley Missios, Kevin Neals, and Randy Neals and family, with the passing of their dad, Arnott Neals, on Tuesday, February 18, 2020.

Doug and Kevin Mossop and family, on the passing of their mom, Olga Mossop, on Tuesday, March 24, 2020.

The family of Rev. Stewart Porteous who passed away April 21. He was a devoted minister for several congregations including major ones in downtown Vancouver, before serving with the head office of the United Church of Canada. A memorial service will be held at St. James when we can gather in-person to celebrate Stewart's life.

Ingrid Robinson and family on the passing of Jim Robinson on April 6th. Donations in memory of Jim would be appreciated for St. James Food Basket or the charity of your choice. A celebration of his life will be held at a future date.



Change of
Address

PLEASE CONTACT CHURCH OFFICE FOR CHANGES. DUE TO PRIVACY REASONS WE ARE NOT PUBLISHING PERSONAL INFORMATION.



Submitted By Marie Truelove, Chair

We are Closed! When the premier announced on March 17 that all programs at places of worship involving 50 or more people must stop immediately, we knew we had to close. Later, when all those 70 years and over were strongly urged to self-isolate, we knew we could not re-open soon. So many of our volunteers are 70+, and many others have underlying health issues.

Eatonville Public Library:

We are very glad that Daily Bread and Toronto Public Library have created a food distribution centre at Eatonville. It is open every Friday (it started April 3) from 2 to 4 p.m. We are very grateful to the library staff who volunteers. We have worked to make sure our food recipients know about this program.

Red Cross Food Delivery:

If a person fits the 3 criteria here, the Red Cross is delivering food:

1. Individuals must reside in Toronto « M - postal code »
2. Are not able to access traditional grocery stores or community food programs such as food banks due to

required or recommended self-isolation or quarantine (70+, travelled outside of Canada, symptomatic, COVID positive)

3. Have no other options to secure food delivery (friends, family, availability of delivery services).

If you know of someone who fits the criteria, please direct them to the Red Cross Home Delivery phone at 1-833-204-9952.

The future:

Who knows when we can open, but we hope it is soon. Daily Bread has explained to us that they are expecting 130,000 to 150,000 pre-packaged boxes of shelf-stable food from Feed Canada (due to a provincial grant). Every one of those boxes is supposed to contain a \$10 grocery gift card.

Whenever we can be sure that Daily Bread will deliver enough of those boxes to us -- we can open. It would take only 4 to 6 people to run this from the parking lot! The church building would stay locked. We would advertise shorter hours, and people would simply pick up a box the way they do from the library. If things went smoothly, then maybe each week following we could have vegetables for everyone to pick up.

Even if we cannot open soon, we should expect that the need will be much higher when we do open. We expect to lose volunteers, especially

those in their 80s and those with health issues or whose family members have health issues. We may need to change how we do things, even though we are proud that our methods have given people a chance to socialize over lunch and choose the foods they prefer. These methods will not be possible in the near future.

We will let you know how the situation evolves, and what our needs are. Thank you for your support.



kateandrewshighschool.com

SEARCH COMMITTEE UPDATE - APRIL 17, 2020

Submitted By Brenda Beaton



cnbc.ca

As self-distancing and stay at home has become a way of life for all Canadians, the ministerial search committee has been busy during the past month working from home.

We finalized interview questions and invited select candidates to interview via Zoom. The Zoom process has been very successful, but nothing will ever replace the opportunity to meet and interview someone in person.

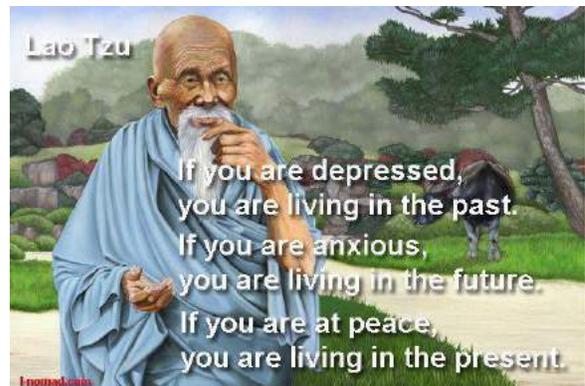
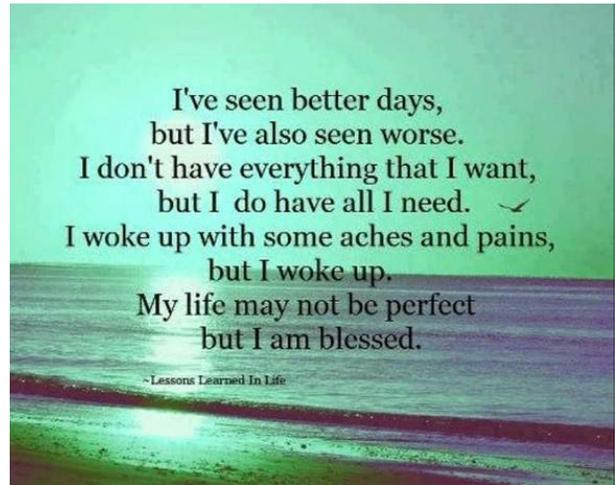
To date we have interviewed 2 candidates and will interview a third candidate on Monday.

The written process for interviewing candidates has been thrown into

disarray because of COVID-19. We are the first church in the Shining Waters Region to conduct first interviews using Zoom.

Traditionally, second interviews are to be conducted in person. The committee is supposed to go to a candidate's church to hear a candidate preach a sermon. Neither can be done at this time. So, the written process rules for interviewing candidates no longer apply. With each step we are entering into unexplored worlds and initiating new strategies.

As Maya Angelou once said, "every storm runs out of rain" and so this pandemic will pass, and we will all be together again.



A MESSAGE FROM FINANCE

With the new year there are new challenges as the COVID-19 virus is upon us. The daycare, which is a major source of income for St James, is closed and givings for the first three months of this year are down.

We expect to receive some financial assistance from the government emergency programs as Canada goes through the COVID crisis.

Please remember to maintain your level of givings.

Sincerely,

Bob Harris
Chairman, Finance Committee



Submitted By Marty Linton

Mission & Service - 1st Quarter 2020

Our 2020 pledge to M&S of \$35,000 was passed at our Annual Meeting on March 1st.

2019 giving to M&S by month:

	YTD	of pledge	
January	\$ 3,017.75	\$3,017.75	8%
February	\$ 2,861.25	5,879.00	16%
March	3,190.25	9,069.25	25%

2020 giving to M&S by month:

	YTD	of pledge	
January	\$2,544.17	\$2,544.17	7%
February	\$2,745.50	\$5,291.67	15%
March	\$2,817.60	\$8,109.17	23%

As of March 31, 2020 we have met 23% of our total pledge. THANK YOU ALL.

MESSAGE FROM J.-C.

In this time of coronavirus, and e-worship, we're working on a different way of introducing new congregational songs using YouTube videos.

The first video, introducing VU 187 The Spring Has Come, is now on-line. You may view it at <https://www.youtube.com/watch?v=T6qvgDE2YLk>.

In the coming weeks, we'll be including this song in the video worship podcast. Please feel free to enjoy and review this introductory video as much as you desire, so that, when we do include this song in worship, you'll be able to join in singing with comfort and enthusiasm.

J.-C. Coolen
Music Minister

FOOD FOR THOUGHT

Submitted By Mhairi Godley

We fell asleep in one world, and woke up in another.

Suddenly Disney is out of magic,
Paris is no longer romantic,

New York doesn't stand up anymore,

The Chinese wall is no longer a fortress, and Mecca is empty.

Hugs & kisses suddenly become weapons, and not visiting parents & friends becomes an act of love.

Suddenly you realize that power, beauty & money are worthless.

The earth continues its life and it is beautiful. It doesn't need humans on it.

I think it's sending us a message:

"You are not necessary. The air, earth, water and sky without you are fine. When you come back, remember that you are my guests. Not my masters."

KITCHEN CLEAN UP AND REORGANIZATION -REVISED

Submitted By Marty Linton

We are dealing with **A BUG PROBLEM** in the kitchen.

The kitchen is checked daily for bugs and spraying done on a weekly basis (if not more often), especially around the sinks and cupboards along the south wall. The spray is Home Defence Max – a non-toxic spray to humans.

DO NOT LEAVE ANY OPEN FOOD - cookies, chips, candy, sugar, creamer, etc.- **IN THE CUPBOARDS OR ON THE COUNTERS.** The bugs love them!!

DO NOT LEAVE ANYTHING ON THE COUNTERS – bugs hide under them!!

Clean up

STORE all hospitality-type supplies - sugar, tea, coffee, stir sticks, straws etc. in plastic containers or plastic bags.

CLEAN counters and trolleys with the spray marked "Bleach and Water". **DO NOT USE BLEACH IN ANY SINK OR IN THE DISHWASHER** – IT CORRODES THE PIPES.

CLEAN sinks with soap and water.

DRY sinks, counters and trolleys before leaving.

COVER sink drains – with screen or plug before leaving.

The dishwasher

1) Ensure drain filters are properly installed before the kitchen washer is used. Check filters periodically to keep drains clean.

2) Once washing is finished turn off machine.

3) Carefully remove and clean the 3 filters inside the washer unit. See diagram on wall to find out where screens are located in the dishwasher.

Dishwasher sinks and drain boards

*Clean with soap and water and dry dishwasher drain board surfaces after use.

*Make sure the "well" in the drain board is cleared of food, cleaned and dried.

*Clean and dry large sinks replace screens over drains.

Reorganization

* **Green china in island SE side.**

There are 50 dinner plates, 50 supper plates, all the side/dessert plates and small pitchers. We have moved the balance of the green china dinner and supper plates UP onto the top three shelves of the cupboards on the EAST wall.

* **Glass creamers and sugar bowls on top shelf, in the island SE side.** This makes them more accessible to us all.

* **Glass serving dishes in the island, NE side, 2nd cupboard:** plates, salad bowls, small serving bowls, relish

trays and 3 punch bowls, punch glasses and 4 plastic ladles.

* There are now covered, plastic containers in the front of the three cutlery drawers containing the bulk of the cutlery stored there, to keep any bugs off.

* The knife drawer and utensil drawers have been culled, same with the large bucket of utensils. **Large utensils are in 2 plastic containers in lower cabinet EAST wall with coffee pots and cutting boards.**

* Plastic serving trays of various sizes are in one cupboard, east wall.

* Mixing bowls of various sizes and strainers are in middle cupboard, east wall.

* The coffee and tea pots are together with the cutting boards, east wall.

PLEASE return all items you use to the drawers and cupboards as labeled. There are over 10 different groups using the kitchen! We have to work together to keep our kitchen clean and tidy so our programs can continue to run smoothly.

THANK YOU FOR YOUR HELP!



familycircus.com

The “Virtual” Lenten Study Group Continues – Past Lent!

Submitted By Karen Forgrave

The Lenten Study Group started off strong this year, meeting at Karen Forgrave’s house on Tuesday evenings, starting the first week in March. Each week, we enjoyed watching a TED Talk speaker together, and then participated in a discussion, based on questions provided by Rev. Coral.

We enjoyed listening to Maya Angelou discuss what it means to be human and a child of God. We also talked about how people experience God talking to them in the TED Talk entitled “When God Talks Back” by Tanya Marie Luhrmann. We examined the “Charter of Compassion” and the role of religion and the Golden Rule with Karen Armstrong’s Prize-Winning TED Talk: “Charter for Compassion”.

We were inspired by Brendon Bruchard’s “Live, Love, Matter”, based on three questions he asks himself every night – Did I live today? Did I love? Did I matter? His morning questions also resonated with me, and I have been trying to incorporate them into my morning routine. He asks himself, “What am I excited about today? What is there in my life that might be particularly challenging or difficult today, and how

can I get my ‘best self’ ready to face that?” and “How will I surprise someone today / How will I bring joy to someone today?”

Unfortunately, our face-to-face interactions were cut short mid-March – but that could not stop us, and we turned online to “Zoom” together for further discussions. The feedback from our discussions was so positive, that we asked to continue in a once-a-month virtual group.

Rev Coral will post the link for the video clip and the discussion questions online – thanks to Eleanor Harris for keeping the website updated! Those who wish to join in a virtual face-to-face discussion of the questions can email Karen:
karen_forgrave@hotmail.com.

She will email you the link, and you can join in the evening discussion sessions. April’s topic ties in with Earth Week, and is Al Gore’s Talk entitled, "The Case for Optimism on Climate Change". The discussion group will meet Wednesday, April 22nd at 7:00pm. The May (and possibly June) Ted Talk title and discussion dates have not been set yet, so stay tuned to the church website and Coral’s weekly email for more information. If you have watched an inspiring spiritually-based video recently that you think would be a possibility for a future monthly discussion, please let Rev. Coral know!

O U T R E A C H COMMITTEE REPORT

Submitted By Marty Linton

THANK YOU to all of you who donated to *ECOJUSTICE* through your Outreach Offering earlier this year. Together we made a donation of \$607.50. Your offering will make meaningful action on climate change a reality.

On Palm Sunday and during the month of April (even May or beyond if you wish!) our Outreach Offering is being received for The GO Project, a UCC program. The following is excerpted from an appeal made by Alana Martin, Minister to The GO Project.

“The GO Project is entering its 14th year of ministry with the United Church of Canada and with that, another year of offering life-changing, impactful programs to children, youth, young adults and their leaders. The past 2 years especially, have brought changes to our programming, structure, and strategic plan. This transition period of re-imagining ourselves has been vital to our long-term impact and success. Renewed and transformed, we are now looking to our supporters to help us reach a fundraising goal of \$15,000 so that we can continue to inspire faith-filled generations that transform communities.

Through The GO Project, many have encountered God on a new level, built

friendships that are real, authentic, and based on a search for truth; in intentional community, however briefly, where children and young people might explore faith, discover identity, and dive deeper into the community in which they live. In our 13 years we have offered programming with over 600 youth, 2000 children, and 250 young adult staff. With your support over the years we have grown to offer youth programs in 6 cities in Canada and 100 children’s programs in cities and towns in Ontario, Saskatchewan, Alberta and the Maritimes. As we look toward (this) summer and to continued ministry within the United Church of Canada, we hope to inspire more children and youth to be active citizens in their communities and around the world. Thank you for all your prayers, support, and donations along the way. Please help us raise \$15,000 so that our programs can continue to thrive across Canada. In order to reach that goal, we are asking you to consider giving a one-time or monthly donation to The GO Project to help mark our fourteenth year, of inspiring children and youth to create transformative change in their individual lives and in the lives of others.”

Several of our young people have participated in GO Project weekend programs and summer camps with great enthusiasm. Donations and program fees need to cover 90% of the GO Project’s costs. Want to change a young person’s life and nurture their walk with God? Your donation does

exactly that! Make this invaluable ministry possible and send your donation to St. James United Church, 400 Burnhamthorpe Rd., Etobicoke ON M9B 2A8 and mark your envelope "The GO Project". Thank you.



MORE FOOD FOR THOUGHT

Submitted by Ben Skopiwsky

And the people stayed home.
They read books and listened, and
rested and exercised,
And made art and played games,
And learned new ways of being and
were still.
And listened more deeply.
Some meditated, some prayed, some
danced.
Some met their shadows.
And the people healed.
And, in the absence of people living in
ignorant,
dangerous, mindless and heartless
ways
the earth began to heal.
And when the danger passed, and the
people joined together again,
they grieved their losses, and made
new choices, and created new ways to
live and heal the earth fully, as they
had healed.

Written By Kitty O'Meara



earthshealing.org

MY GO PROJECT EXPERIENCE

Submitted By Ross Miller

This past summer I was involved in a United Church initiative known as the GO Project - a week-long program in which youth from all over Canada come together to help the community and become closer with their faith. The home base for my Go Project experience was Islington United, just down the street from St. James. By day, we would go out to different sites such as food banks, homeless shelters and community gardens, and by night, we would gather to pray, play games and have fun. I got to meet people from all over Canada and formed lasting friendships through the wonderful activities and fellowship.

Some activities involved things that I'd never thought I'd do. There were a number of more common volunteering activities, such as work at food banks and shelters, but there were also things that I never thought I'd do in my life! One of those things was setting up games and activities for the kids attending a festival taking place at Regent Park that day. We set up soccer nets, bubbles, sidewalk chalk and many other games. Playing soccer with those kids was fun for everyone - but for me, it meant far more. I had a cathartic feeling. The smiles on their faces took me back to a simpler time

where the only worry I had was what game I was going to play at recess. It was a time of curiosity, excitement and fun. In each of these kids' eyes was my former self staring back at me. I couldn't help but smile back at them. We played soccer all afternoon. I felt like I was 8 years old again. When it was time to leave I could barely bring myself to pack up our equipment. It was such an amazing time and I am so happy I was able to have this experience.

I have never realized how much I could enjoy volunteering. So many kids my age don't appreciate the opportunities given to them. They think they're too cool for it and that it's not worth their time. I will admit I am guilty of thinking this at some point, as do most others, however, ignoring that urge to always try and fit in is usually the best thing to do. I did just that, and the experience I received from it was an exceptionally enlightening and joyful one. I would recommend the GO Project to any teenager who is looking to make a difference in the world and give back to their community. It has been an absolutely amazing experience for me and it can no doubt be an amazing experience for many others.

Sunday School Goes Virtual!

Submitted By Karen Forgrave

Well, it may not have been the Palm Sunday we imagined this year, but it was still exciting to have 16 of us on “Zoom” together, creating and then waving our palm branches “together” (pictured below)! One of the benefits of “Virtual Sunday School” is that we have been able to have the Charlot family (who moved to Ottawa last year) come back and join us online! It is wonderful to have a chance to connect with each other!

Each week, we are meeting at 1:30 p.m. on Sunday afternoons via Zoom. If you know someone in JK to Grade 8 who would like to join us, just send Karen an email, and she can send out the invitation to the students’ parents or guardians.

We are able to do our Bible story online, play some games together or do an art activity, and then we end by doing the Lord’s Prayer together in Sign Language. On Easter Sunday, we were even able to do a virtual Easter Egg hunt, and students had a chance to “show and tell” something they had made for Easter. We saw some beautiful Easter Eggs, creative bunnies, edible creations and handmade Easter Cards!

We are currently doing a Sunday School rotation about Pentecost. On April 26th, Sunday School students created “wind dancers” to hang on

their porch or balcony. We talked about how the wind dancers are a great way to remind everyone that God is always at work in our world - even when we can't see him. Just like the wind - it can not be seen directly, but we know it is there by its affect on other things! We are all filled with the Holy Spirit - the part of God that lives inside us, encourages us to do the right thing, to be kind to others, and to help us grow our "Fruit of the Spirit"! AND To help us grow our “Fruit of the Spirit” this month, students are participating in a “Kindness Challenge” where they have a list of activity ideas to do during the week that are especially chosen for this time of indoor social isolation. Some examples include “Create a cheerful painting and hang it in a front window for others to see”, “Send a card or letter to a friend” and “Make a list of things you love about your family”. Students will be invited to share their achievements when we meet online for Sunday School!



Out of the Cold

Submitted By Myrna Markovich

St. James was once again able to offer a hot meal at All Saints Kingsway Anglican Church on Friday February 8th as part of the city wide Out of the Cold program. The staple of the meal continues to be the meat loaf; while supplying a vegetarian option to about 20 guests only in the last 5 years . But despite the sameness of the main dish over the course of at least 20+ years, and the addition of the exceptional Moroccan Stew, this year the meal was especially well received. Guests asked if St. James could return the following week!!!



The Sunday School/ Youth group continues to prepare the meal kits, under the superb supervision of their teacher, Karen Forgrave. Diana Paley was able to combine her time helping with the meal kits prep and her time serving the meal at All Saints, towards

her High School volunteer requirements.

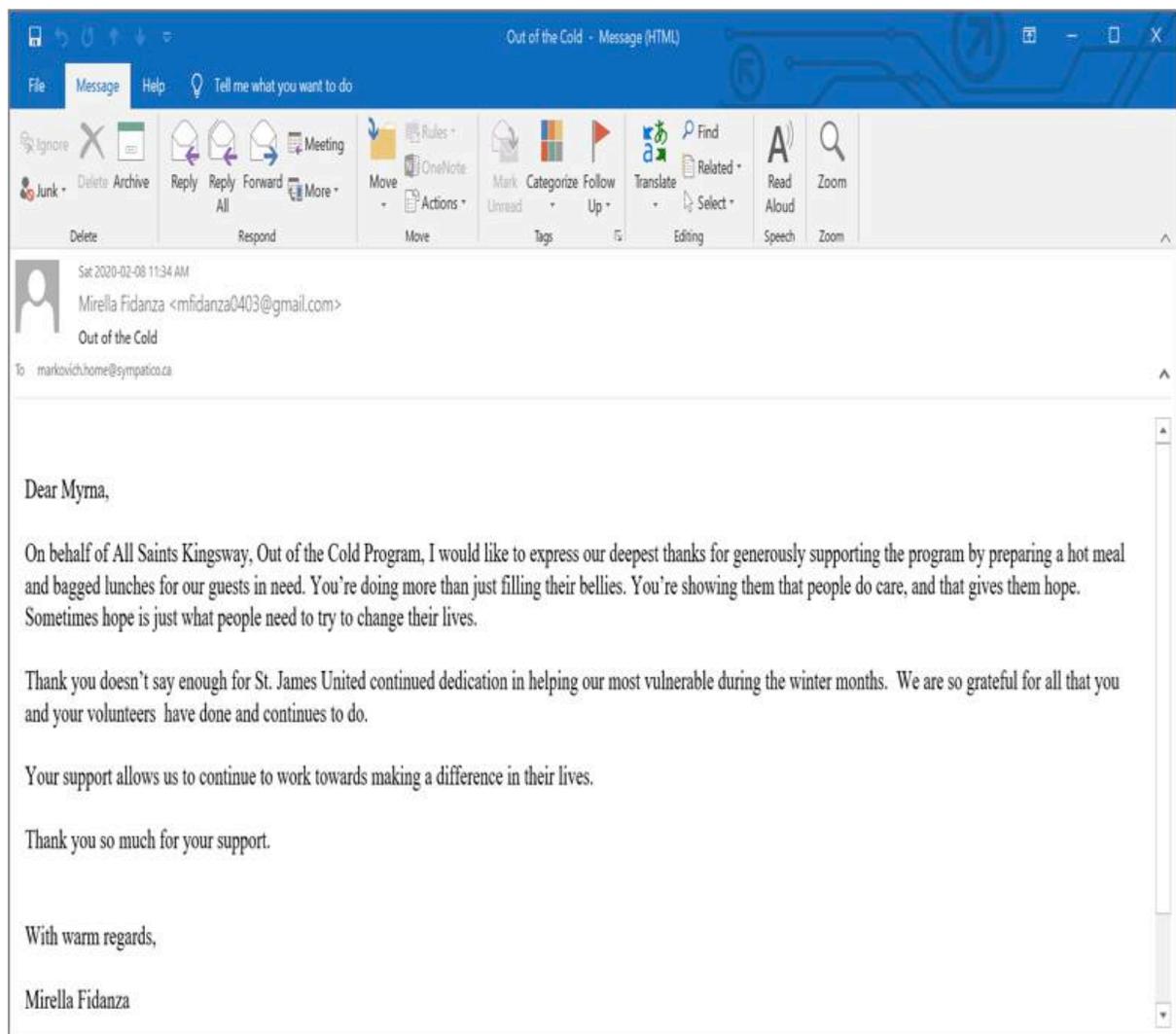
I want to recognize our cooks: Marion McDougall; Carol Head; Christine and her daughter, Diana Paley; Marg Arscott; Judy Porchuk; Candace Klufus; Nadine Markovich and her children, Soleil and Eric; Marty Linton; Karen Taylor and Nancy Gibbons. There were others. Linda Biasatti; Brenda Beaton; Karen Forgrave; Mike Barlow and Jean Spencer. And more still. Lindy O'Connor, who prepared and donated her vegetarian dish of Moroccan Vegetarian Stew; Dave Maw and Marg Slamen and Myrna Markovich baked potatoes. There are kitchen helpers. Todd Miller; Catherine Barrett and her son Jeff; Leila Bates and Mike Markovich.



Many helped to do more than one task. But the foundation of this appeal is our donors, without whom, none of this would be possible. Thank you so

much. Also, I want to acknowledge the generous donation of the potatoes from Vince Carnevale at Thorncrest Market Foodland. Mary Siegrist continues to facilitate this donation. Lindy O'Connor again served as my assistant, as did my husband, Mike. In all we have about 35 volunteers who assist in delivering this program. Involving many people makes delivering an exceptional meal that is enjoyed year after year, possible. Thank you so much for your support of this ministry.

Please take the time to read the letter of appreciation, received from All Saints, after our meal was served.



REV. CORAL'S MINISTRY MEMORIES 1991-2020

St. James United has been such a happy, caring and inspiring community of faith. While it is impossible to talk about nearly 30 years of ministry with you, I want to share a few highlights in this trip down memory lane. My apologies for its length.

HISTORY I came to St. James January 1st, 1991 as half-time Minister of Christian Development to provide Sunday School teacher training, leadership for youth groups, weekly adult education, share in worship and visitation and initiate ministry with young adults. I loved the variety and challenge. In May 1992 I was formerly commissioned as a diaconal minister of the United Church of Canada, and five years later was ordained. You graciously hosted a celebration for each milestone, gifted me with beautiful art glass, one of which is the centrepiece on our living room coffee table, and Peggy Walker blessed me with one of her photographs of flowers to brighten my office and serve as a constant reminder of your loving support. In 1998 when our beloved minister of Pastoral Care, Rev. David Walker retired, my hours increased to $\frac{3}{4}$ time, until I became your full-time Coordinating Minister in November 2003.

YOUTH MINISTRY In those early years I spent a lot of time growing our youth groups and have fond memories of fun and fabulous sleep-overs at the church playing flashlight tag, trips to Collingwood Caves, hikes from Crawford Lake to Rattlesnake Point, goofy golf where the young people created their own unique mini putt course (Emily Harris won for most creative), Scuba diving with Dave and Don Head, swimming pool parties in Bob and Eleanor's backyard, Christmas parties at my Caledon home, Shopping Mall Scavenger Hunts and many meaningful discussions on a wide range of topics from a spiritual perspective. It was a delight to watch Emmanuel Ankrah, when he first arrived in Canada from Ghana, enthusiastically embrace winter activities for the first time. The youth also sold daffodils for the Cancer Society, supported fundraisers for the church and sorted food for Daily Bread all with the help of our incredible leaders Rick Cay, Rob Jones, Kelli Harrison, Joe Serafini, Aldo Violo and other helpers. There were also profound confirmation classes with one-to-one adult mentors, trips to Five Oaks, and Religion in Life classes for cubs and scouts.

In the mid to late 90's we sought to expand our ministry with youth and young families into the wider community. Phyl Hampshire and myself recruited volunteers and initiated a weekly Youth Drop-in that started with 20 teens and grew to 70

coming to play basketball and other games on Friday nights. I will never forget the day someone dropped off homemade cookies for the Christmas Candlelight service. They disappeared in minutes.

HALLOWEEN In October 1996, with the help of the Christian Development Committee, we launched a massive Halloween party to raise the profile of St. James and reach out to young families. 200 people participated in the spirit-filled fun. Peggy Walker created a ring toss game with witches' hats and Rev. Vicki Obedkoff was Madame Anastasia, our fortune teller. Of course, we reintroduced this venture in 2018 with Jim Cormier as our Haunted House expert and Karen Forgrave as the amazing coordinator.

GUATEMALA 1996 also marked the first of two Global Awareness Through Experience (G.A.T.E.) trips to Guatemala to open our eyes and stretch our faith. Mike and Paul Kosemetzky, Judy Jones, Lois MacDonald and others were part of these memorable expeditions to listen to people's stories and deliver school and medical supplies.

TUTORING In 1998 I introduced "Successful Students" a tutoring program that trained 32 adults in how children learn best based on Neuro-Linguistic Programming and we partnered with Wedgewood Public School to offer support to children needing extra help. Pat Burkell, Nancy

Cormier, Susan Taylor and Barbara Wane were some of our fabulous tutors who have a special way with children.

MAGIC In addition to joyful and inspiring Sunday School Christmas pageants, especially the one where three youth gave impressions of Rev. Vicki, Rev. David and myself, I remember the six-week Christian Magic Class for 7-12 year olds. Karen Forgrave and I quickly realized we needed at least one helper for every two children. Heather Munday came to the rescue, along with Bob and Eleanor Harris who spent hours making props. The young people each presented one trick in a Magic Show that taught Bible stories. Every Easter until now, I enacted the story of Jesus' resurrection through disappearing magic tricks. Over the years I offered magic shows to the highest auction bidder and entertained at birthday parties and for the winning class at Joy Uniac's Elementary School.

ADULT EDUCATION In addition to people I was responsible for adult education and by 1993 initiated Film and Faith discussions of movies and weekly Faith and Life studies on a wide range of topics. Jon Linton and Aldo Violo were famous for their engaging presentations on issues such as the role of media in "Manufacturing Consent", while John Bates introduced us to Hydrogen powered transportation, homes and businesses, and Rev. Dr. Cliff Elliott led a session on Christian ethics. Each week Betty

Robson was our hospitality queen serving homemade cookies with tea and coffee. Furthermore I was thrilled to be part of offering supervised training for students preparing for ministry within the UCC including Lark Kim, Irene Ty, Vicky Aldersley and Lawrence Nyarko.

WELL-BEING 1994 marked the start of plans for a spiritual well-being ministry that was launched in January 1995 with Doris and Kav Homji offering Reiki, Pat Mackie offering Therapeutic Touch and Esoteric Healing, and myself teaching Neuro-Linguistic Programming to overcome everything from the fear of heights to cravings for chocolate. Fifty-five people attended our adult education sessions, and Experiences in Well-Being was so popular we offered healing appointments year round. Word spread of our innovation and the United Church of Canada's national youth and young adult organization asked us to lead energy healing workshops for them, which garnered rave reviews. Twenty-one new people were attracted to St. James that first year due to our well-being ministry. Joanne Johnson, George Linton and Polli Mable soon took Reiki training and joined our leadership team.

Thanks to a sabbatical that enabled me to study with my Reiki Masters, Denise and John Crundall in Australia, I achieved mastery and in September 2002 was the first person outside of Australia to be initiated in this lineage.

This enabled us to move forward with our vision of becoming a training center and inspiring other congregations to reclaim Jesus' healing ministry. I began teaching Reiki in March 2003 and watched healing miracles unfold. It has been one of my greatest joys and I am so grateful to the dedicated Reiki volunteers who have sustained our healing ministry for 26 years and counting.

I will never forget John Bates' transformation from a disbeliever into one of our greatest advocates after Polli Mable and Nancy Violo went to his home to lay hands on him after his heart valve surgery. The benefits were so immediate and profound that John appeared on Vision TV's Spirit Connection, was quoted in articles for The Observer and is pictured receiving Reiki in our colour brochure. Over the ensuing years I trained approximately 550 people in Reiki I and II.

In October 2003 we opened our newly constructed St. James Well-Being Place, largely made possible by a generous bequest from Margaret Dean, under the oversight of Steve Conforzi and with lots of help from Art Freeman, Bill Lowry and our Property team. It is now home to a wide variety of wellness ministries, including Integral Healing as taught by the late Rev. Dr. Kenn Howlett, Feldenkris, Reflexology, Foot Care, Light Seekers, the Drum Circle led by Sandra MacLean and the Four Colour Drum Circle and Chanting group, Christian

Meditation and more. Furthermore ever-expanding interest in natural, spiritual wellness spawned educational sessions in everything from Homeopathy to Emotional Freedom Technique, and more recently Light Becomes You, a mini spiritual retreat that ran monthly for 2 years with Janice Fuller, Shirley Healy, Nancy Violo and myself as leaders in 2016-2018.

LABYRINTH I also remember when we installed the first permanent outdoor Labyrinth in the GTA – a walking meditation – on the back of our parking lot in 1998. Steven Truelove was our high school math whiz who calculated the π of our circle. Fifteen to twenty people participated including Evelyn Porter in her 80's helping to sweep debris off the pavement and chalk and paint it on. Leonor Hall, Nancy Violo, Jo Ann Stevenson of the Toronto Labyrinth Network, Dorothy Ley Hospice and Islington United Church are a few of the people and groups who have facilitated walks. Even our 2019 Confirmation youth were delighted and surprised with insights gleaned during their experience.

BE HAPPY Then in 2010 I discovered Robert Holden's scientifically proven and spiritually based Be Happy course. Cindy and I travelled to London, England to train as Happiness Coaches and we co-taught 5-five-week sessions, with a sixth follow-up session. It was

fabulous to watch people discover practical ways to raise their level of joy and connect with the divine part of ourselves that is always happy.

WORSHIP was another highlight. I cherish Easter sunrise services with Rev. Vicki Obedkoff at Humber Bay Park, gathered around a campfire with hot cross buns and hot chocolate, and Bob Harris leading us in "Morning Has Broken" and other hymns on his guitar. In one of the dramatic retellings of the Easter story, Julie Taylor as a distraught Mary Magdalene, proclaiming he is not here, was so convincing that Judy Jones flew into action, ran to her side and looked out over the water for her partner, only to discover later that she was referring to Jesus.

I also remember sermon dialogues with Rev. Vicki Obedkoff, the second Celebration worship service at 9:00 a.m. where we sat in a circle and shared insights and examples about the scripture reading; the Blessing of the Animals in the garden courtyard, sharing first-hand stories of our veterans on Remembrance Day Sundays, Hot Sermons on angels, the feminine face of God, "how do you love a terrorist?" and challenging topics of your choosing. I remember Holy Communion for which Pam Lowry baked the ceremonial loaf for many years, the 43 member orchestra for our 50th anniversary; Dave Smith's beautiful hymn words to the tune of "How Great Thou Art" for our 60th

anniversary hymn competition, dramatic presentations of the history of The United Church of Canada; Marjorie Taft and Ruth Pearce playing the piano for worship services I led at Wesburn Manor, the U.C.W.'s 50th Anniversary, Christmas Candlelight services that brought the true meaning of Christmas to life, "God in My Life" stories now published into a collection of profound ways people have encountered God who offered insight, guidance, peace and protection; Shayan Manouchehri's adult baptism and confirmation even though it put his life at risk; Ale Olmos's Christmas Eve piñatas with spikes representing the seven deadly sins; celebrating Anne Tipler's 29 ½ years and Clive and Pat Dunstan's amazing 42 years of music ministry and friendship with us! And of course, there was the joy of baptisms and weddings, and far too many celebration of life services, for which Elizabeth Sloma and team provided first class receptions.

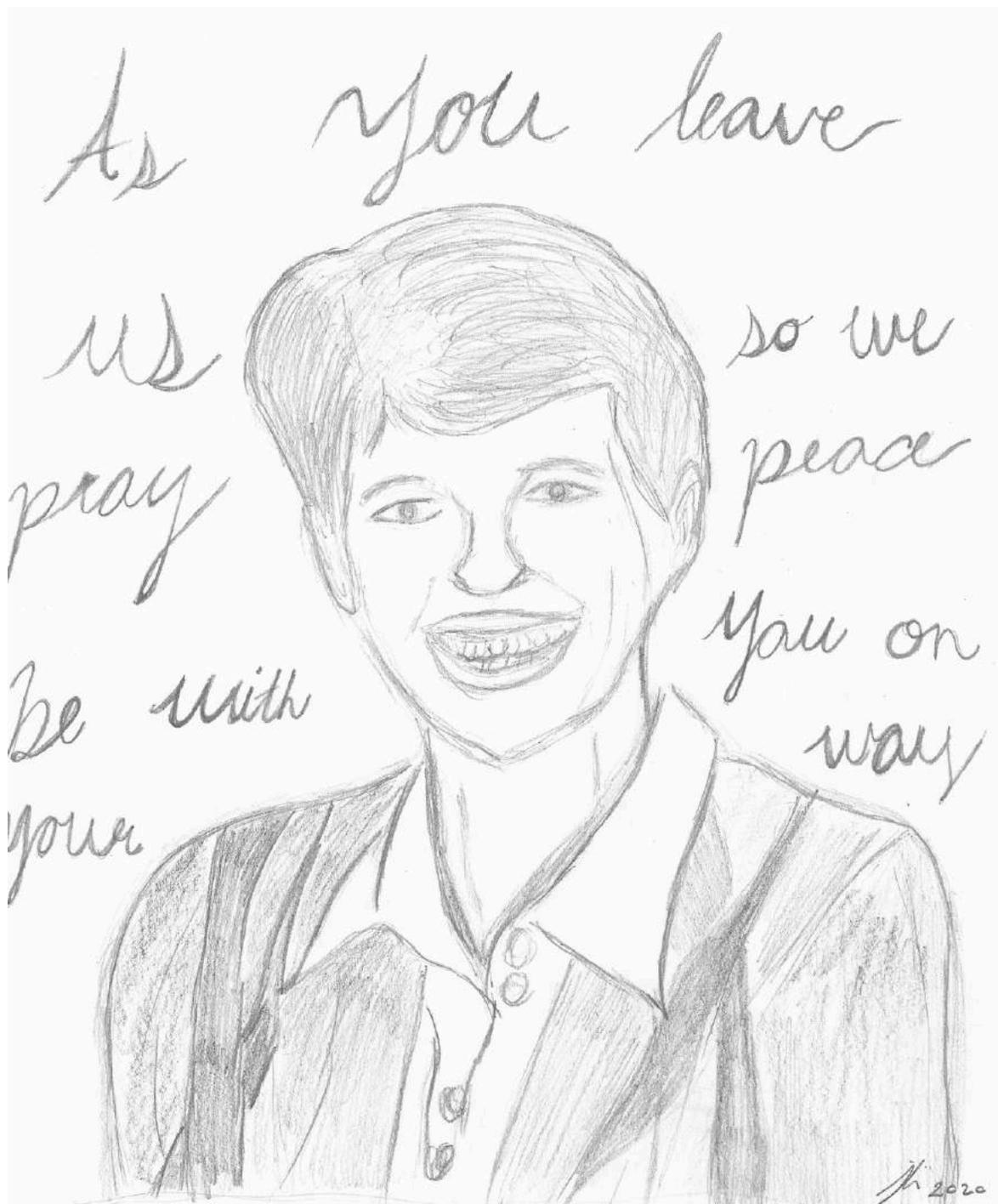
FUN & Food Early on I realized the importance of social opportunities that make it easy for new comers and long-time members to get to know each other and build community. So in addition to venues for Bridge enthusiasts and senior adults, I initiated Middle Age Spread, Out to Lunch and a few years later, Fun Seekers. I remember Joy and Larry Uniac hosting Oktoberfests at their home and Phyl Hampshire and I plotting out car rallies that would wind up at Cindy's and my home in

Caledon. Phyl was known for her amazing desserts and Lucy Falcone would bring along pumpkin pie. Of course, St. James Feel Good Food is a variation on this theme launched in the fall of 2017 with the help of a fantastic team of lay leaders. We look forward to the end of this pandemic so that chef Julia Young and her sister Carlyn can once again offer full-course Sunday lunch buffets, and various cooking and baking classes for all ages.

There is so much more I could share that it would fill a book. And there are so many other vital ministries from our Food Basket to fundraisers and day to day pastoral care and capital projects. Needless to say, I have a million ways to remember you and give thanks to God. Each one of you has touched my life and live in my heart. Thank you for the immense privilege of sharing in Gods ministry with you.



By Jordan Li



Farewell Rev Coral

Rev Coral's retiring, says it's time to go
St. James is crying: "Say it isn't so!"
She's passionate and cheerful, always pushing the bar
An inspiring role model, a St. James "Rock Star" !

Thought-provoking sermons with nary a note
How did she remember all the sermons she wrote?
Baptisms, weddings, end of life celebrations
Too many to count in this busy congregation.

A well-being room was Coral's dream, you know
It became a St. James feature, where the Reiki can flow.
New initiatives she started, for the good of us all
Each one important, whether big or small.

A hard act to follow, she has set the bar high
She's laid all the groundwork for St James to fly high.
St. James has been lucky for so many years
We wish her the best as we dry our tears.

By Anne Tipler



CORAL'S 20 YEARS

Submitted By Nancy Violo

Last fall Coral and a few people from the Reiki Team went away on a spiritual retreat. We were asked to research the meaning of our name and, while away, we worked with that meaning as a way of understanding our Soul's purpose; what each of us is called to be or do in our lives.

Coral is named after a coral reef. She told us that what resonated for her is that coral is life giving; it supports life around it. I want to talk today about how I believe Coral lives out the meaning of her name. Now, I've only been given 5 minutes to speak and given the number of hours Coral works in a week, I've just had to pick some of my favourites.

One place we see Coral's gifts so clearly is during story time with the children. She takes everyday things, and creates a meaningful metaphor—last week it was water and a sponge. God is the water and we are the sponge; we absorb God into ourselves and then release that into the world. We can come back over and over again to refill and release: simple, clear, and memorable. And what about Coral the Magician? Using the excitement of magic to remind us all of the fun and awe and mystery of

God. She gives life to the essential truths of our Christian faith.

Back in the early 90's I was on a Long Range Planning Committee that hoped to grow the church by starting an informal service that might appeal to the "unchurched". Coral took that idea and breathed life into it. It became known as the Celebration Service, and for a variety of reasons it didn't do every thing we had hoped, but for those of us who attended, it was enjoyed and loved.

One of my favourite parts of that service was the Celebration Candle. People were asked to name the things we wanted to celebrate from the previous week and Coral would weave them together into this wonderful prayer; sometimes there would be this huge long list of items and I don't know how she remembered it all, but somehow she did. She raised up to God our little triumphs, leaving each person feeling witnessed and affirmed. It was personal and powerful.

Coral has infinite curiosity, a thirst for knowledge, a detective's ability to find resources, an incredible capacity to learn and remember, and a passion to teach, always infused with her own heart felt understanding.

She shares her knowledge through her sermons; for example, the hot sermon topics, or the one on Angels or the sermon about water based on Masaru Emoto's work and how water is

changed by the power of our thoughts. That concept has been incorporated into our Baptisms; passing a container of water from person to person and inviting everyone in the congregation to infuse the baptismal water with a wish or a blessing and bring those hopes alive for that child.

She shares her knowledge through the many different programs she has run through the years; adult education lectures, Tutor Training and the after school tutoring program that came from that, and most recently the course on Happiness that began yesterday.

We can't talk about Coral's time here at St. James without talking about the Wellness Ministry. I think a lot of us were a little skeptical to begin with, some maybe still are. But, Coral was curious; she did more research, took training and created opportunities for the rest of us to decide what we thought.

Initially, Neuro Linguistic Programming, Therapeutic Touch and Reiki were offered. Reiki became the most popular, more people took the training, and Coral eventually became a Reiki Master. Coral dreams of reclaiming back into the Christian church, the healing power of the laying on of hands. She has brought that life giving energy into many hands. So far 6 congregations around the GTA have sent people for Reiki training and brought life to their own Wellness Ministries.

A bequest by Margaret Dean allowed a dedicated space to be built for the Wellness Ministry. Over the years new programs have been shepherded by Coral into our community including, Meditation, Reflexology, Foot Care, Integral Healing and The Circle of Friends. God's life giving energy is magnified in the work of all these people, and it just keeps attracting more.

I believe it was no accident that on Christmas Eve a flame that had been lit in Bethlehem found its way to New York, and then to Toronto and eventually to St. James. Coral was doing what Coral often does; working here at the church to create an inspiring way for us to gather together and worship. Those of us present at the Christmas Eve Communion Service were able to have the miracle of a light lit in Bethlehem, as it was over 2 thousand years ago, passed into our hands and into our hearts.

This is so evocative of Coral, her seeking attracts the light to her, and through that, is made the opportunities for us to live out our mission statement—to be a spirit filled, connected, transformational church that challenges the status quo and provokes interaction on our journey of faith.

So thank you Coral for your life giving energy that inspires and invites, encourages and enriches, challenges and nurtures. But mostly, thank you

for being the sponge that absorbs God's love and releases it amid us.



photo by Carol Jones

DEAR CORAL

Submitted By Jean Spencer

Over the past 28 years, we have spent much time together during Sunday church services, meeting at hospitality for an extra coffee in the kitchen and working as on on Spring Fling.

But the most memorable time for me was when you took me out for lunch after my Brother, Donald passed away.

My parents died when I was in my thirties and my Brother was my rock and solid foundation in my life.

It was so special that I could talk to you on a one to one during my grieving process and let you know what a wonderful person he was and to have you know how much I missed him.

I will never forget our special time together.

As you now journey down a new avenue in your life, I wish you the very best of good health, much happiness with family and friends and may God bestow bountiful blessings upon you.

MEMORIES OF CORAL

Submitted by Gwen Mills

For many years I drove by the Ladybug Daycare sign and thought-I should go to that church.

Disillusioned with organized worship, attending a service was not something I had intentions of doing. However, one Sunday, I felt I could no longer resist.

When I sat down in the pew, I was surprised to see several people in the congregation that I fondly recognized. And then-to my absolute amazement-within minutes -this lovely, interesting, intelligent and funny reverend convinced me that I was in the right place. She spoke with such an honesty and respect and It seemed that each week anything requiring my personal guidance was somehow always addressed in her service as if I had asked it out loud. She often offered thoughtful alternative explanations to usual interpretations of scripture. What a blessing to find such an exceptional, spiritual leader! I could not wait to come back to church the next week!

As time has passed, Reverend Coral has become a most valuable, supportive spiritual teacher in my life. Coral understands things without a blink that most people never even have a notion exist.

She graciously took my phone calls at times of crisis late at night and provided comfort and guidance. She went above and beyond when I needed emergency care. When my husband passed away, she was there. *Coral, is always there.* She walks the walk not just talks the talk.

C-Compassionate

O-Open

R- Respectfully Radical

A-Alive

L-Loving

P-Playful

R-Revered

E- Effervescent

B-Beautiful

B-Brave

L-Learn-ed

E- Exceptional

Thank you so much Coral, for everything you do for everyone and for all you have done for me. You are a joy and will be missed beyond words.

We love you. There is no one like you. We wish you every wonderful experience and joy as you walk towards your next calling of the heart

A PORTRAIT OF OUR RETIRING MINISTER

Submitted By Tony Gray

C E Director in nineteen
ninety-one,

O rganizing youth to serve God,
while having fun.

R ecruited on a half-time basis,
but this would later change

A s her talents and convictions
could command a wider range.

L eading Film, Faith and Life
studies and reviews,

P reparing to get St. James in
Community news.

R eiki Healing would become a
church hallmark

E nergizing soul self awareness
as a benchmark.

B ecame Coordinating Minister
in two thousand and four

B ringing sermons on real life
faith, hope and more.

L eaving a legacy spanning
twenty-nine years

E ach congregant will miss her
all-inclusive cares.

THANK YOU CORAL

Submitted By Philomena Sirur

Rev Coral, you lived out the promise
you made at your Ordination when
you sang:

“Here I am Lord - Is it I Lord - I will
hold your people in my heart”.

You ministered to each member of St.
James with much compassion, caring
and love. Now with thankful hearts we
wish you all the best in the next phase
of your life. God go with you in your
retirement.



photo by Carol Jones

WHO IS CORAL?

Submitted By Lila Bowen

Coral arrives at meetings with her infectious smile and brings new ideas. If you have received an email from her, you will know it may have been sent late at night, meaning early morning.

Our minister is a detail person. She spends a great deal of time with the families for each celebration of life and provides a personal message which is much appreciated, particularly during a time of grief.

Coral is an avid and knowledgeable gardener. Many years ago when I met her at Plant World she was armed with a list for specific plant material. We hear her preach about her concern for the environment. 'She practices what she preaches' - for example, she and Cindy have an eco-lawn at their home.

Coral, we have appreciated your many years of dedicated service to St. James. My best wishes to you on your retirement from the ministry. May you enjoy good health for all your future endeavours.

Blessings.

THANKS CORAL!

Submitted by Janet Findlay and family

Dear Coral,

Over the years, I have not always been able to be at the Sunday service but I want to take this opportunity to express my profound gratitude to you for always being there for me and for my family in good times and during difficult times.

We hope you enjoy your retirement and all the new experiences that go with it.

With love,



THE ABC's OF CORAL

Submitted by Kay Baxter

How we shall miss you! Here is the alphabet to help me count the many ways:

We thank you so much for all you have done for us in the 29 years of your ministry at St James United Church, Etobicoke.

We thank you for your:

Aministration of our community

Bravery in opening up your heart to us

Charisma, confidence and clarity, combined with your caring cheerfulness

Dedication to St James United Church

Enthusiasm and Encouragement

Fearless embracing of technology

Generosity of time and expertise

Hard Work Ethic

Initiative bubbling out of your personality

Joyful communion with us all

Knowledge of the Bible

Loving Care of the St James' Family

Magical Moments with the children

Never giving up

Open mindedness

Prayerful perseverance and persistence in problem solving

Quizzical approach to problem solving.....What if?

Responsibility, responsiveness and reliability

Smiling supportiveness, sincerity and sense of humour

Team building and structured administration

Uniting St James in a loving, caring community of faith

Vision, **W**hole-heartedness, **E**xcellence, a **Y**outhful approach and **Z**eal!

And most of all, we thank you for your whole hearted dedication to building a warm, welcoming, loving, faith filled community at St. James United Church, Etobicoke.

We will all miss you.

SUCH DEDICATION

Submitted By Matty DeCarolis

For the last two and a half years I have had the privilege of working with Rev. Coral. This has been a wonderful experience for me. I wish I could pin point a specific situation or circumstance in which the uniqueness of Rev Coral was demonstrated. However, the reality is that, she daily demonstrates her love and care for those she comes into contact with here at St. James.

Whether it's through an extremely thoughtful email, or telephone call, maybe a visit or a Reiki, she has a way of demonstrating God's love to others. Her passion for what she believes in and her personal drive to do as much as possible cause her to go well beyond the call of duty. At first, I would receive an email from her and see she sent it at 2 a.m., I was surprised, but quickly I realized she just works tirelessly and that it is often long hours of dedication and lack of sleep.

On a personal level she has impacted my life with her compassionate spirit and practical advice. Many times she has helped me process some difficult situations with encouraging words, and sometimes Reiki on the shoulders. I will definitely miss you Rev Coral, you have impacted us in ways that words cannot express. My sincere

desire is that you find in retirement the time to do the things you desire to do and cannot do with all your present responsibilities. Best wishes and God's blessing always!





Rev. Coral is a great supporter of "ALL things St. James"! From helping with church picnics, to supporting "Souper Sundays", she is a busy lady! Photo evidence confirms that she attends, supports, and participates in Church Auctions - and even suggests that she has performed in the church guitar group! All this in addition to her

ministerial visitors, amazing sermons, and key role in many church committees. How can she be everywhere at once? It definitely looks like we have found a superhero hero in disguise!



Rev. Coral Prebble is a STAR – whether she is participating in the Congregational Christmas Pageant, or encouraging others to be a STAR!



She delights all of us with her “Children’s Times” at the front – whether she is incorporating magic tricks, costumes, relevant stories, or slide-show photos into her lessons.



She has even been known to sing “Hallelujahs” as an angel!



Who's Climbing the Wall?



Rev. Coral is indoor rock climbing with the St. James youth group, circa 1993. She and Aldo Violo led the high school youth group on many adventures, such as hiking at Rattlesnake Point, a trip to the Collingwood Caves, and many fun sports nights at the church. Rev. Coral was as good as any of the 16-year-olds at basketball, volleyball, and floor hockey! Do you recognize anyone else in the picture below? Yes, Steven Truelove and Karen Forgrave – before they were dating – when they are about 15.

