

Meaningful Activities



When:

Thursday

November 21, 2019

Time: 1:30 PM - 3:30 PM

Where:

St. James United Church

400 Burnhamthorpe Rd.

Etobicoke, ON M9B 2A8

Cost:

FREE

Please call Luba at 416-622-8089 to register.

This workshop will help caregivers to develop and participate in meaningful activities with their family member or friend with dementia. The goal is to provide practical ideas on how to spend quality time together by identifying and drawing upon the person's remaining strengths.

Objectives:

- Understanding the importance of meaningful activities for the person with dementia
- Demonstrating the importance of sensory stimulation

TO REGISTER: Please call Luba at 416-622-8089 to register.