

St. James United Church
400 Burnhamthorpe Road, Etobicoke, ON M9B 2A8

Alzheimer Dementia Education Series Jan-Aug 2019

Year	Date	Time	Topic	Facilitator	Audience
	Thursday, January 24	1:30pm- 3:30pm	Dementia 101	Shrid	General Public
	Tuesday, February 19	1:30pm- 3:30pm	Brain Health	Rashiqah	General Public
	Monday, March 18	1:30pm- 3:30pm	Understanding Behaviours and Communication	Rashiqah	General Public
	Monday, April 15	1:30pm- 3:30pm	Building Caregiver Resilience	Rashiqah	Caregivers
	Monday, May 20	1:30pm- 3:30pm	Caregiver Stress	Rashiqah	Caregivers
	Monday, June 17	1:30pm- 3:30pm	Unpacking Denial in Dementia	Rashiqah	Caregivers
	Monday, July 15	1:30pm- 3:30pm	Family Dynamics	Rashiqah	Caregivers
	Monday, August 19	1:30pm- 3:30pm	Finding Joy and Humor in Caregiving	Rashiqah	Caregivers